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| **Colonoscopy Prep with Golytely Split dosing**In advance, purchase the Golytely prep kit at your local pharmacy. One day before your procedure you will need to be on a clear liquid diet. Please drink as much liquid as possible. The more clear liquid you drink will help decrease cramping during the prep process. THE DAY BEFORE YOUR PROCEDURE* Clear liquids are food that you can see through
* Avoid all substances red, purple in color (it can look like blood)
* Limit caffeine and alcoholic beverages (1 or 2)
* No dairy products
* Suggested foods: Apple juice, herbal tea, broth or bouillon (no crackers), soda, Kool-Aid, white grape juice, Jell-O Gatorade, plain hard candy, popsicles, seasonings, (sugar, honey, substitutes, salt, Mrs. Dash)

In the morning prepare your Golytely solution and refrigerate. You will need to drink the prep as per the instructions listed below:**The Evening before your Procedure:** Drink the first half a gallon at 6:00 PM**Morning of your Procedure:** Drink the second half a gallon  5 hours before arrival timeThe facility will call you to confirm the arrival time. Times are subject to change. You can take any necessary medications the morning of your procedure.  |  |

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